

PERSONAL DATA TREATMENT POLICY

Selinde Van der Spek is the entity responsible for processing the personal data provided, which is duly regularized with the National Data Protection Commission. Your personal data will not be sold and / or provided to third parties.

The data now provided is the property of the respective holder and is provided to Selinde Van der Spek for the purposes of:

If you are subscribed to our newsletter, have requested a download, have filled out a contact form, made a payment or requested one of my products and / or services, you will be requested to fill in your details. These will be handled only by the administrative department for the above effect only.

The data can be as follows:

- First and last name
- Email address
- Telephone / mobile number
- Street and house number
- Postal code and place of residence
- IP address
- NIF

FOR WHAT PURPOSE DO I USE PERSONAL DATA?

Data is collected and saved for the following reasons:

- Your name and email address are used by ME to send emails with tips that may also have a commercial objective. I only do this with data that I obtained by you downloading free documents, data I collected via the contact form or via information request.
- Your name, e-mail address, NIF and phone / mobile number that you fill in the form are used to make an offer and / or to be able to respond to the contact request.

If you are subscribed to our newsletter, have requested a download, have filled out a contact form, made a payment or requested one of my products and / or services, and you do not want to receive emails from me in the future, you can always unsubscribe by clicking on the link found at the end of the email, or by contacting me. Your email address will be deleted immediately and will not be saved.

SOCIAL MEDIA

I want to make it as easy as possible to share the content of my website on social media. You can do this, among other ways, by clicking on the social media icons that allow you to share. I placed these icons from the following social media platforms: Facebook, Instagram. Read the privacy statements of the respective social network platforms to know how they deal with privacy. The holder of the

provided data is guaranteed the right of access, rectification, deletion, limitation, processing, opposition and portability of your data, via the email address info@selindamente.pt

The right to withdraw the consent given for the processing of data through the same email address, as well as to complain to the National Commission for the Protection of Data regarding the treatment performed, is also guaranteed.

RETENTION TERM

I will not keep your data for longer than the time it takes to fulfil the objective for which it was received. If you cancel the subscription to receive my emails, your personal details will be eliminated from the system at the latest by the end of the respective month. The data on my system accounts are kept for a minimum of 7 years to comply with all legal obligations. This data is deleted by me after 1 year after this obligation.

The aforementioned term is valid, unless there are, for me, legal obligations to keep the data for longer and / or keep it accessible.

You can, at any time, ask to know what information Selinde Van der Spek has registered about you, request the correction of incorrect information, as well as request that Selinde Van der Spek stop using or delete that information, using the email info@selindamente.pt

MODIFICATIONS

I reserve the right to change the privacy policy at any time. The changes enter effective on the date announced for this purpose.

2021 SeLindaMente - Selinde Kirsten Van der Spek